



YOUR POWERFUL PRESENCE & CONFIDENT COMMUNICATION

A HALF DAY SEMINAR

Enhance your professional presence
Strengthen your communication skills
Build poise & confidence under pressure

If you want to be seen, be heard and have influence you must build your presence and ability to communicate confidently in any situation.

The most important thing you can do to become a confident communicator with powerful presence is to drop the mask of pretending and be totally and honestly yourself. From that base you can develop skills and techniques that allow you to project gravitas, speak clearly and present yourself in a way that represents your personal brand.

This half-day seminar provides the foundation to develop your ability to communicate and present effectively in all situations, influence people in your work environment, and be perceived as leadership material.

This seminar provides an outstanding in-house training at your workplace.

IS THIS SEMINAR FOR YOU?

- Is the ability to communicate with confidence in diverse situations an important aspect of your work?
- Would you like to be taken more seriously and seen as leadership potential?
- Does your inner critic get in the way of your confidence, your actions & your success?
- Do you want to contribute your opinions and skills in a more meaningful way?
- Would you like to discover how body, voice and message combine to build trust and engagement?

DATES & LOCATIONS

February 3, 2017

Cairns

February 10, 2017

Brisbane

**For information or to register
please call 0404 061 767
or email kim@kimadams.com.au**

**Price: \$125 - \$175
*Call us for group pricing**



Seminar Format

- 4 hour Seminar
- Small size group
- Relaxed learning environment
- Refreshments

Content

- Learn tips to becoming a more confident, effective and highly influential presenter in 1:1 conversations, in small meetings or giving a formal presentation
- Learn what presence is and why it is important to your career
- Discover the three steps to more authentic communication: Uncover; Believe; Express
- Understand how your habits and behavioural style influence your presence
- Recognise the obstacles to effective communication and how to overcome them
- Learn practical strategies to present with influence: visualisation, body language, voice, and listening skills.

What People Say

"Feedback on Kim's mid-event activity was fantastic, people clearly felt inspired to go take action. She kept the session on target and was extremely entertaining".

- Senior Manager, Qld Police

"Kim really delivers valuable content in a relatable way. Everyone left feeling confident in their own self."

- Public Workshop Attendee

About Us

Kim Adams helps organisations and their people achieve improved focus, better performance, higher engagement and greater wellbeing. She provides communication training, leadership development and evaluation services. Her vision is to empower people to trust in their unique strengths and to be successful on their terms,

WWW.KIMADAMS.COM.AU

